

## Vaccinations

Did you know that one of five San Diego babies is missing shots and nine of ten of their parents don't know it? Immunizations protect your baby against dangerous diseases. Babies need ALL their shots to be protected. As a parent, it is your responsibility to keep track of the immunizations your child needs. It is important to keep your child's yellow California Immunization Record in a safe place.



Children must be up-to-date with their immunizations in order to enter child care homes, preschools, schools, child care centers or Head Start. Take it with you each time you take your child to a doctor, clinic or hospital. Make sure your children are immunized; the benefits far outweigh any risks.

### Vaccination Schedule

<b>At Birth:</b>	HepB #1
<b>2 months:</b>	DTaP #1   Hib #1   Polio #1   HepB #2
<b>4 months:</b>	DTaP #2   Hib #2   Polio #2
<b>6 months:</b>	DTaP #3   Hib #3   Polio #3   HepB #3
<b>12 - 15 months:</b>	DTaP #4   Hib #4   MMR #1   VAR
<b>2 years:</b>	HepA #1 & 6-12 months later HepA #2
<b>4 -6 years:</b>	DTaP #5   MMR #2   Polio #4
<b>11 years:</b>	Td (and, Hep A series, Hep B series, MMR#2 and Varicella if your child did not receive these at an earlier age.)

### Free Immunizations

Baby Shot Clinics offer free immunizations for children under age two. No appointment is needed. Just walk-in and bring your child's shot record (if you have one). Clinics in East San Diego:

Clinics	Days	Time	Languages Spoken
<b>Central Region Public Health Center</b> 5202 University Ave. 92105 619-229-5400	Mondays & Thursdays	8:30 - 11:00 a.m.	English, Spanish, Tagalog
<b>La Maestra Family Clinic, Inc.</b> 4185 Fairmount Avenue 92105 619-280-4213	Monday to Friday	9:00 a.m. to 6:00 p.m.	Arabic, English, Farsi, Somali, Spanish, Tagalog
<b>Mid-City Community Clinic</b> 4305 University Street 150 92105 619-280-8562	Monday to Thursday  4th Saturday each month	9:00 to 11:00 a.m. & 1:00 to 4:00 p.m.  9:00 a.m. to 1:00 p.m.	English, Spanish, Vietnamese